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21. — History of Friedrich the Second, called Frederick the Great. By Thomas Carlyle. In Four Volumes. Vol. III. New York: Harper and Brothers. 1862. 12mo. pp. 596.

On the appearance of the first two volumes of "Frederick the Great," we expressed our judgment of the work, and gave an extended analysis of its contents. This labor we hope soon to renew, on the issue of the final volume. The third volume commences with Frederick's accession to the throne, and embraces a period of little more than four years. vividly dramatic style of narrative, the intense characterization of men and women by epithets which cling closer to them than their names, the lurid lights and dense shadows in description, the clairvoyance, real or seeming, which never rests on the outside, but penetrates the heart of history, - qualities which, notwithstanding the mongrel patois in which it was written, made Carlyle's "French Revolution" a profoundly instructive work, — are now combined with a moderately pure and generally intelligible English diction. The author's mannerism, contrary to usual experience, becomes in the lapse of years less strongly marked, and he now writes in a less annoying Carlylese than is still affected by his few remaining imitators.

22. — The New Gymnastics for Men, Women, and Children. With a Translation of Prof. Kloss's Dumb-Bell Instructor, and Prof. Schreber's Pangymnasticon. By Dio Lewis, M. D., Professor of the Essex Street Gymnasium, Boston. With Three Hundred Illustrations. Boston: Ticknor and Fields. 12mo. pp. 274.

Unless we had command of Dr. Lewis's illustrative plates, it would be impossible for us to convey any idea of his method, or of its results, both in the increase and in the multiplication of the physical powers. We see pictured on these pages postures and achievements, which would seem impossible had we not ample evidence of their realization. The body thus developed and trained bears, in the variety, delicacy, precision, and availableness of its machinery of limb and muscle, very much the same relation to the physical frame of the non-gymnast, which is borne by the mechanism of a ship's chronometer to that of the rudest and most mendacious wooden clock. The merit of this book is, that it describes the processes by which such results may be attained, and that it demands no public institution or costly apparatus, but shows how, with resolution, enterprise, and such matériel as may be at every one's command, the maximum of symmetrical and vigorous development may be reached. That there is increased need of gymnastic